



## Be a part of our study!

- **Are you a woman residing in Australia and 18 years old or over?**
- **Have you had changes in your menstrual period that have continued for 11 months (perimenopause) or your final menstrual period (menopause)?**

If yes, please join our study which aims to explore your experiences and views regarding oral healthcare. The information you provide will help us identify future strategies and services that could improve oral healthcare for women approaching or in menopause. Participation will involve a 20–30-minute interview. The interview will be conducted at a convenient time for you using either phone, online platforms like Zoom, or face-to-face. Participation is voluntary and the information you provide will be strictly confidential.

If you would like to participate in an interview, click on the link/scan the QR code to register your interest <https://t.ly/YIV4U>



Or please contact,  
**Namitha Thomas** (Chief investigator and Ph.D. student)  
**Tel: +61 2 8738 9367,**  
**Email: [20628260@student.westernsydney.edu.au](mailto:20628260@student.westernsydney.edu.au)**