



Be a part of our study!

- **Are you a woman residing in Australia and 18 years old or over?**
- **Have you had changes in your menstrual period that have continued for 11 months (perimenopause) or your final menstrual period (menopause)?**

If yes, please join our study which aims to explore your experiences regarding oral healthcare and identify challenges in this area. The information you provide will help us identify future strategies and services that could improve oral healthcare for women in perimenopause or menopause. Completing the questionnaire will take 15-20 minutes. Participation is voluntary and the information you provide will be strictly confidential.

If you would like to be involved, click on the link/scan the QR code to access the survey <https://t.ly/EmbHX>



Or please contact, Namitha Thomas (Chief investigator and PhD student),
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This study has been approved by the Western Sydney University Human Research Ethics Committee. HREC Approval No: H15712