

## **Promoting Oral Healthcare among women in Perimenopause/menopause: A Mixed-methods study to Inform Intervention Strategies**

### **About the study**

Women are at higher risk of developing oral health problems during menopause. These oral health problems can significantly affect their quality of life. However, there is currently limited evidence on the oral health knowledge, attitudes, and practices of *women in perimenopause/menopause* worldwide. Providing appropriate assistance during the early period of the menopausal transition could potentially reduce the prevalence of oral health problems in the perimenopausal/menopausal period and improve overall well-being in the later years.

We invite you to participate in our study (involving a survey and/or interview) which aims to explore your experience regarding oral healthcare and identify challenges in this area. The information you provide will help us identify future strategies and services that could improve oral healthcare for women in perimenopause or menopause. Participation is voluntary and the information you provide will be strictly confidential. You will be reimbursed for your time participating in an interview.

### **Researchers**

Australian Centre for Integration of Oral health (ACIOH), Western Sydney University.

### **Ethics approval**

This study has been approved by the Western Sydney University Human Research Ethics Committee. HREC Approval No: H15712

### **Contact**

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**Please click here for participating in a survey:** *(please attach Survey flyer)*

**Please click here for participating in an interview:** *(please attach Interview flyer)*