

Menopause Essentials Update

1.30-5.00pm Saturday 4 June 2022

The Victoria Hotel, 215 Little Collins St, Melbourne, Victoria

This update on Menopause is aimed at GP's, gynaecologists, endocrinologists and other health professionals who are seeking a comprehensive review of the current issues that face them in the diagnosis and management of menopausal symptoms. Presentations will include case studies and there will be time for questions.

Topics include:

- Menopause consultation:
A structured approach to decision-making
- Prescribing MHT: Evidence base, tips, tricks and practice pearls
- Non-hormonal treatment for troublesome symptoms of menopause: what's the evidence?
- MHT in difficult circumstances

REGISTRATION FEES

AMS members: Free

Non-AMS members: \$50

To register, please go to:

www.trybooking.com/BZDPL



**AUSTRALASIAN
MENOPAUSE
SOCIETY**
EMPOWERING MENOPAUSAL WOMEN

PRESENTERS

Dr Marita Long MBBS FRACGP DCH Cert of Sexual and Reproductive Health

Dr Marita Long is a Victorian based GP working 4 days a week in clinical practice and 1 day a week in medical education. After completing her Certificate in Sexual and Reproductive health, Marita worked for Family Planning which has positioned her well to work with women across the various ages and stages of their lives.

Marita is a current committee member for the Australian Society of Psychosocial Obstetrics and Gynaecology, an active member of the RACGP and has served on the board of The Link - an adolescent health service in Hobart. Marita has developed and delivered many educational, face to face and online workshops and is passionate about upskilling GPs to deliver the best evidence-based care to patients, especially women, who so often feel their voices aren't heard.



Dr Elizabeth Farrell AM MBBS HonLLD FRANZCOG FRCOG

Dr Elizabeth Farrell is a gynaecologist and Medical Director of Jean Hailes for Women's Health. She consults at the Jean Hailes Medical Centres in East Melbourne and Clayton, at a bimonthly clinic at the Foster and Toora Medical Centre, Foster and annually in Mongolia.

Elizabeth enjoys being a role model for younger professional women, encouraging them to find a passion in their work and provide healthcare and education for our community. She finds working with women a profound privilege.

In 2009, Elizabeth was awarded the Member of the Order of Australia (AM) for service to medicine in the field of women's health, particularly obstetrics and gynaecology.



Dr Sonia Davison MBBS FRACP PhD

Dr Sonia Davison is an Endocrinologist with a special interest in Women's Health. She is a Clinical Fellow at Jean Hailes for Women's Health and has an adjunct appointment at the Women's Health Research Program, Monash University.

Sonia is in private practice in Victoria at the Melbourne Endocrine Clinic and at Jean Hailes for Women's Health. Her PhD and postdoctoral research examined sex steroid physiology in women, including measurement of androgens and their relationships with age, mood, sexual function and cognition.

Sonia is the immediate Past-President of the AMS and was the editor of AMS's Changes magazine for nine years.



Clinical Associate Professor Amanda Vincent MBBS BMedSci(Hons) PhD FRACP

Clinical Associate Professor Amanda Vincent is a Consultant Endocrinologist with the Department of Endocrinology, Monash Health, Clayton, working in the Menopause Clinic and the Clinical Nutrition and Metabolism Unit.

She is a Postdoctoral Research Fellow with the Monash University's Centre for Health Research and Implementation, School of Public Health Preventive Medicine. She is a Past-President of the AMS, a current Board Member of the International Menopause Society and an Associate Editor of Climacteric.



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