

# Menopause Essentials Update

**12.00-4.30pm Saturday 4 November 2023**

Banquet Hall South, The University Club of Western Australia — M800, 35 Stirling Hwy, Crawley

Join us for lunch followed by an update on the essentials of menopause management. This workshop is aimed at GPs, gynaecologists, endocrinologists and other health professionals who are seeking a comprehensive review of the current issues that face them in the diagnosis and management of menopausal symptoms. Presentations will include case studies and there will be time for questions.

## Topics include:

- Menopause consultation: A structured approach to decision-making
- Prescribing MHT: Evidence base, tips, tricks and practice pearls
- Non-hormonal treatment for troublesome symptoms of menopause: what's the evidence?
- MHT in difficult circumstances

## REGISTRATION FEES

**AMS members: Free**

**Non-AMS members: \$100**

To register, please go to:

[www.trybooking.com/CLOZA](http://www.trybooking.com/CLOZA)



**AUSTRALASIAN  
MENOPAUSE  
SOCIETY**

EMPOWERING MENOPAUSAL WOMEN

## PRESENTERS

### Dr Jenny Rogers MBBS UWA, Dip Obs RANZCOG

Jenny is a past AMS Board Member and is involved in all aspects of GP work, with a holistic and motivational approach. She has presented and facilitated workshops on asthma, osteoporosis, hypertension, mental health, chronic disease management and women's health. Jenny is passionate about empowering her patients, especially midlife women. She is a past surveyor of the Postgraduate Medical Council WA and Osteoporosis Model of Care working group. Jenny has been a volunteer Board Director Cyrenian House since 2006 and Meath Nursing Home group since 2007. She is also a coordinator of a Balint group of colleagues since 2008.

Jenny was the medical officer Australian women's teams World Cup Masters UK 2012. She is current Patrol Captain and 1st Aid Officer North Cottesloe SLSC and won the Bronze medallion single surf ski O/65s Aussies in 2023.



### Dr Nely Shrestha Khatri MBBS FRACP

Dr. Nely Shrestha Khatri is a Consultant Endocrinologist at Royal Perth Hospital and Rockingham General Hospital. She undertook endocrinology advanced training at Sir Charles Gairdner Hospital and Fiona Stanley Hospital. She underwent further training in obstetric medicine and endocrine disorders in pregnancy at King Edward Memorial Hospital. She was awarded Fellowship of the Royal Australasian College of Physicians in Endocrinology in 2018 and Obstetric Medicine Certificate by SOMANZ in 2019. She has private practices at Keogh Institute for Medical Research, Nedlands and Rockingham Specialist Centre.



### Dr Ashley Makepeace MBBS FRACP

Dr Ashley Makepeace is an AMS Board Director and WA member representative and was Chair of the Scientific Program Committee for the 26th Annual AMS Congress. She is a clinical Endocrinologist and completed her Endocrinology training in Western Australia and in Oxford, UK.

Ashley's public appointment is at Fiona Stanley and Fremantle Hospitals. She consults in private with interests in type 1 diabetes, bone health and women's health and works as an Endocrinologist within a fertility clinic. Ashley is a guest lecturer for the medical curriculum at Notre Dame University, Fremantle. She is the chair of a local interest group of Endocrinologists and Clinical Biochemists with a focus on women's health.



### Dr Jenny Ng MBBS(Hons) FRACP

Dr Jennifer Ng is an Endocrinologist at the Keogh Institute for Medical Research and Hollywood Consulting Centre in Nedlands. She completed her MBBS at the University of Western Australia, physician training at Royal North Shore Hospital in Sydney, and endocrinology training at Royal Perth and Sir Charles Gairdner Hospitals. In 2008 she undertook a clinical and research fellowship in obstetric medicine at the B.C. Women's Hospital in Vancouver, Canada. She has additional experience in clinical biochemistry. Jennifer has a special interest in reproductive endocrinology and cares for young patients with differences of sex development, and other reproductive disorders within the Adolescent Gynaecology and Complex Reproductive Clinic at King Edward Memorial Hospital. Her clinical research involves women with PCOS and congenital adrenal hyperplasia. She is currently exploring the use of LCMS steroid profiling for diagnosis and management of female androgen excess.



**Thank you to Besins for the unrestricted education grant that has made this workshop possible.**

