

AN INVITATION TO PARTICIPATE IN AN EXCITING NEW RESEARCH PROJECT!

Do you have **early or premature menopause** (menopause before age 45 or 40 years), or **POI** (premature / primary ovarian insufficiency), **whether spontaneous or following medical treatment** (e.g. chemotherapy, radiotherapy or surgical removal of the ovaries)?

Are you **aged 20 years or over**? Do you live in **Victoria**?

THEN WE WOULD LOVE TO HEAR FROM YOU!

We would like to **interview** you to understand what it is like to be diagnosed with early or premature menopause, what the symptoms are like, your experiences with health professionals, how early or premature menopause has impacted on your health and general wellbeing, your relationships and fertility, and anything else you'd like to share about your experience.

Based on information we gather, we will produce a **Healthtalk Australia** (healthtalkaustralia.org/) **website** detailing women's experiences, and providing downloadable resources to support women with early / premature menopause, including in relation to talking with their health professionals.

Interested? Contact Jacinthe Flore or Kate Johnston-Ataata on (03) 9925 2800, (03) 9925 5086 or 0438 470 299 or at MCHRI-earlymenopausestudy@monash.edu. You can also register at <https://earlymenopauseexperience.com/>.

This research project is being conducted by RMIT University, the Monash Centre for Health Research and Implementation (Monash University) and other partners.

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Ethics approval: Monash University Human Research Ethics Committee (2016-1429)

Lead Investigators: Professor Helena Teede (MCHRI) and Professor Renata Kokanovic (RMIT University)

