## **Depressed with Perimenopausal Symptoms?**

If you or your loved one are above the age of 40 and experiencing the following symptoms, you may be eligible to participate in a clinical trial investigating a potential new medication for perimenopausal women with depression:

## **Depressive symptoms:**

- Feeling down or low all of the time
- Fatigue or lacking energy
- Thoughts of helplessness or worthlessness
- Change in appetite
- Trouble sleeping
- Difficulties in concentration
- Loss of interest in activities that were once enjoyable



## Perimenopausal symptoms:

- Irregular periods more than 60 days apart but less than 365 days apart
- 4 or more hot flushes per day/night

If you are interested, please get in touch with one of our friendly research teams. Contact details of our lead doctors are as given below -

## Meet the lead doctors:

Epworth Clinic Professor Paul Fitzgerald



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