



EMAS NEWSLETTER FEBRUARY 2023

EDITORIAL

In just over 2 months, the EMAS Congress will take place in Florence. That's why I went in search of famous menopausal women in Florence's history. I found one: Caterina Maria Romula de' Medici (* April 13, 1519 in Florence; † January 5, 1589 in Blois).



By marriage to Henry II, she became Queen of France in 1547 at the age of 28. She had her last of 10 children at age 37. When Henry II died unexpectedly in 1559, she assumed the regency for her sons, some of whom were minors, at age 40 until 1589. Caterina de' Medici died at the age of 70 in the royal castle of Blois. It would be exciting to know now how she experienced menopause and postmenopause ... Unfortunately, I have not found any information about this ...

With this little appetizer I would like to invite you to the EMAS conference in Florence, so that we can and may deal with the therapeutic possibilities of menopause available today, which Caterina de' Medici would certainly have been happy about.

Best regards,

Prof. Petra Stute
EMAS Treasurer

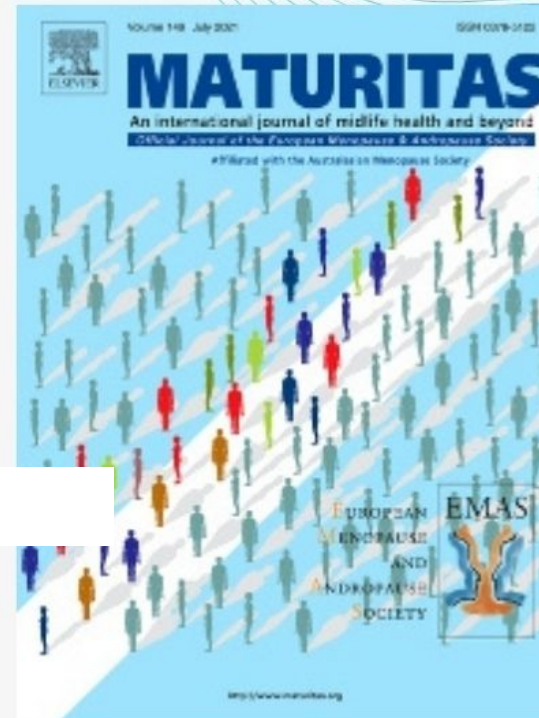
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Global consensus recommendations on menopause in the workplace:

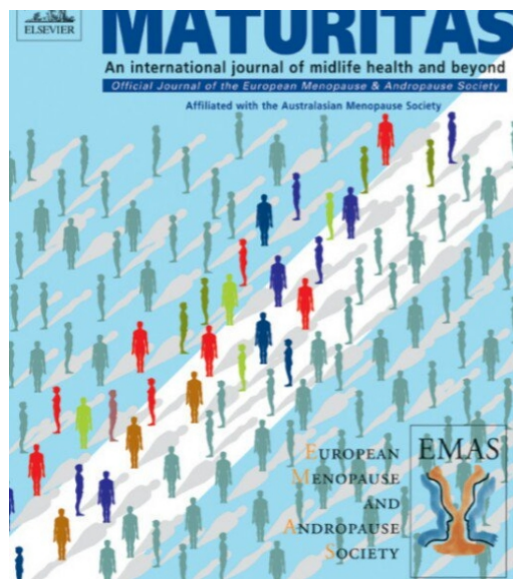
A European Menopause and

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Andropause Society**

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